



# Level Up Wellness

[www.levelup-utah.com](http://www.levelup-utah.com)

## “Wellness Elevated”

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Owner: Carol Ann Guest

St George, UT 84790

Offerings include (see detailed list of services on website:

**Hair epigenetics screening** (\$299)– Immunity & Wellbeing Report. By analyzing the unique patterns of gene expression in your hair follicles, we provide personalized insights into your genetic predispositions, health markers, & lifestyle factors.

*Customized relevance assessment* emphasis on Immune Response, Gut Support, Cardiovascular Performance, Electronic Device Protection

### **Red Light Therapy** -

A form of light therapy that uses red-spectrum light to help reduce pain, inflammation, and speed up the healing process.

**Hyperbaric Chamber** - Hyperbaric oxygen therapy (HBOT) uses pure oxygen at a higher-than-normal atmospheric pressure inside our comfortable chamber to help treat a variety of medical conditions.

**Foot Detox** - Our relaxing foot bath sessions utilize gentle ionization technology to draw out toxins and impurities through the pores of your feet, promoting detoxification and restoring balance within.

**Fire ‘n Ice** - Heat (sauna) & cold plunge therapies have long been used for healing and wellness, dating all the way back to the ancient Greeks, Romans, and Mayans.



**FOR MORE  
INFORMATION**  
about fees, etc.



**CONTACT  
CAROL ANN**



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